

SENIOR PACKAGE



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enel-med

#zdrowiej

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RANGE OF SERVICES AVAILABLE IN THE PACKAGE	SENIOR PACKAGE
Access to the Polish network of own and partner institutions	✓
24h medical hotline	✓
Telephone reservation of appointments	✓
Online system and mobile application - easy and comfortable method of making appointments and controlling the health	✓
Internal medicine consultation	✓
Basic specialist consultation	✓
E-appointments - medical advice with specialists over online chat, video or telephone communication	✓
Comprehensive specialist consultations	✓
Outpatient procedures	✓
Basic prevention without referral	✓
Extended outpatient examinations	✓
Comprehensive imaging diagnostics	✓
Computed tomography, magnetic resonance imaging	✓
Allergy tests	✓
Gastroscopy	✓
Vaccination against influenza and tetanus	✓
Dental check-up	✓
Respecting referrals from outside	✓
Discounts for services not included in subscription	10-15 %



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CONSULTATIONS WITH SPECIALISTS

As part of their subscription a patient may obtain advice from specialist physicians, without any referrals. A consultation includes: medical history, physical examination, referral for diagnostic tests, preliminary diagnosis, treatment, recommendations for further specialist treatment.

With regard to the Senior package, we provide an unlimited access to the following specialists at our own centres and at ENEL-MED partner facilities:

- allergologist
- anaesthesiologist
- audiologist
- vascular surgeon
- general surgeon
- oncological surgeon
- plastic surgeon
- dermatologist
- diabetologist
- dietetician
- endocrinologist
- phoniatriest
- gastrologist
- gynecologist
- haematologist
- hepatologist
- internal medicine specialist
- cardiologist
- laryngologist
- nephrologist
- neurosurgeon
- neurologist
- ophthalmologist
- orthopaedician
- proctologist
- psychiatrist – up to 3 visits a year
- psychologist – single visit
- pulmonologist
- rheumatologist
- urologist

At the ENEL-MED Medical Centre we employ only physicians who can demonstrate the highest level of competence.

As many as 95% of our personnel can demonstrate the second grade of specialisation, and it guarantees a high level of knowledge and experience. All physicians receive a series of training courses targeted to meet high standards of patient service that are in force at the ENEL-MED Medical Centre. A patient is allowed to have a consultation with a professor specialising in one of the fields mentioned above, based on a referral from a physician.



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E-VISITS

The patients who have got access to the full version of our online system are offered an additional option of getting medical advice from our specialists by communicating with them over an online chat service or by a video call or telephone call. E-visit gives our patients an option to: get preventive medical advice and/or tentative diagnosis; have the results of tests and/or examinations interpreted; have their prescription extended; get a referral for basic laboratory tests.

An unlimited access (depending on the package) to a specific medical speciality guarantees the equivalent access to e-visits (subject to availability of e-visits as shown in the online system).

Outpatient services

Outpatient services are performed according to medical indications by a physician or a nurse during a consultation or after a consultation, in an outpatient setting.

The Senior package includes the following scope of outpatient services.

Allergology:

- immune therapy – a series of desensitising injections (with a patient's medication)

Surgery:

- diagnostic biopsy of skin lesions
- urinary bladder catheterisation
- surgical wound debridement
- abscess incision
- incision of rectal varicose veins
- wound suture
- ingrown nails
- catheter removal
- foreign body removal
- tick removal
- nail removal
- suture removal after a surgery
- dressing replacement after a surgery

Dermatology:

- diagnostic biopsy
- tick removal

Gynaecology:

- cervical cytology sample collection
- erosion cryotherapy
- gynaecological electrocoagulation

Otolaryngology:

- abscess incision
- ear washing
- inflation and catheterisation of the Eustachian tubes



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- paracentesis (puncture of the tympanic membrane)
- placement of the anterior nasal tamponade
- removal of a foreign body from the ear
- removal of a foreign body from the nose
- removal of a foreign body from the throat
- removal of the anterior nasal tamponade

Ophthalmology:

- contact lens selection
- medication administration into the conjunctival sac
- removal of a foreign body from the cornea
- subconjunctival injection

Orthopaedics:

- dressings
- hip joint injection
- immobilising band (plastic cast)
- immobilising band (surgical plaster cast)
- ingrown nails
- intra-articular drug injection (Diprophos/Depo-medrol)
- placement of immobilisation
- puncture
- removal of immobilisation
- reposition of fracture, dislocation
- suture of a superficial wound of extremities

Rheumatology:

- intra-articular injection without costs of medications

Urology

- catheter removal
- urinary bladder catheterisation

Treatment room:

- blood pressure measurement
- dressings
- height and weight measurement
- inhalations
- injections (intramuscular, intravenous, subcutaneous, intradermal)
- intravenous drip infusion
- suture removal
- vaccine administration

Using the following materials or medical supplies during procedures mentioned above is free of charge: bandages, dressings, PVC (peripheral venous catheter), syringes, cotton pads, adhesives, needles, surgical sutures. In case other materials or medical supplies are used their costs are borne by a patient.



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Individual preventive medicine

As a strong supporter of preventive medicine, enel-med recommends to perform regular preventive assessments of the health status in order to prevent diseases or alleviate consequences of diseases.

As part of individual preventive medicine tailored to one's health status and family background physicians refer patients for tests that are adjusted to their needs and age. Tests included in the scope of services provided by the patient's package are free of charge.

As part of the Senior package a patient is allowed to perform the following laboratory tests at enel-med centres, once a year, and without a medical referral:

- complete blood count with automated smear
- fasting glucose
- morfologia z rozmazem automatycznym.
- total cholesterol

Comprehensive laboratory tests

As part of the subscription package more than 300 laboratory tests can be performed with a medical referral, and it enables expanded diagnostics of the patient's health status.

Referrals from external specialists are also accepted at our centres as it is more convenient to our patients. There is no limit to the number of laboratory tests carried out.

Haematology and coagulation parameters:

- Antithrombin III – quantitative
- Blood platelets
- Calculation of the reticulocyte count
- Complete blood count with automated smear
- D-Dimers
- Erythrocyte sedimentation rate
- Fibrinogen
- Kaolin-cephalin time (APTT)
- Manual blood smear
- Prothrombin time (PT) / Quick index, INR

Analytics:

- Addis count in 24h urine collection
- Bence-Jones protein
- Faecal occult blood test (immunochemical method)
- General stool analysis
- General urine analysis
- Glucose in 24h urine collection
- Protein in 24h urine collection
- Serum osmolality
- Stool – examination for *Helicobacter pylori*,
- Stool – faecal lamblia using the ELISA (enzymatic) method
- Stool examination for parasites (first analysis)
- Stool examination for parasites (second analysis)
- Stool examination for parasites (third analysis)



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- Urinary calculi – composition analysis
- Urine ALA concentration (delta-aminolevulinic acid) levels
- Urine glucose
- Urine osmolality
- Urine protein

Biochemistry:

- 5-hydroxyindoleacetic acid (5-HIAA) in 24h urine collection
- Alanine aminotransferase (ALT)
- Alkaline phosphatase – bone fraction
- Alkaline phosphatase (ALP)
- Alpha-1-acid glycoprotein (Orosomucoid)
- Alpha-1-antitrypsin
- Apolipoprotein A1 (APO A1)
- Apolipoprotein B (APO B)
- ASO (quantitative test)
- Aspartate aminotransferase (AST)
- Bile acids
- Blood lead
- Caeruloplasmin,
- Carbamazepine
- Chlorides in 24h urine collection
- Cholinesterase
- Coproporphyrins in 24h urine collection
- C-reactive protein (CRP) – quantitative
- Creatine kinase – cardiac isoenzyme (CK-MB) activity
- Creatine kinase (CK)
- Creatinine in 24h urine collection
- Direct serum bilirubin
- Erythropoietin
- Fructosamine
- Gamma-glutamyl transpeptidase (GGTP)
- Glucose
- Glucose (after 1h following 50g of glucose)
- Glucose (after 1h following 75g of glucose)
- Glucose (after 1h following meal)
- Glucose (after 2h following 50g of glucose)
- Glucose (after 2h following 75g of glucose)
- Glucose (after 2h following meal)
- Indirect serum bilirubin
- Inorganic phosphorus in 24h urine collection
- Ionised calcium,
- Lactate dehydrogenase (LDH)
- Lipase
- Lipid parameters (CHOL, HDL, TG, LDL – calc.)
- Lithium
- Magnesium in 24h urine collection
- Myoglobin
- Potassium in 24h urine collection
- Prostatic acid phosphatase (PAP)
- Rheumatoid factor (RF) – quantitative
- Serum albumin
- Serum amylase
- Serum chlorides
- Serum copper
- Serum creatinine
- Serum HDL cholesterol
- Serum inorganic phosphorus
- Serum iron
- Serum iron (after 1h)
- Serum iron (after 2h)
- Serum iron (after 3h)
- Serum iron (after 4h)
- Serum iron (after 5h)
- Serum iron (after 6h)
- Serum magnesium
- Serum potassium
- Serum protein electrophoresis (protein parameters)
- Serum sodium



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- Serum urea
- Serum uric acid
- Serum zinc
- Sodium in 24h urine collection
- Total acid phosphatase (ACP)
- Total calcium in 24h urine collection
- Total cholesterol,
- Total iron-binding capacity (TIBC)
- Total protein,
- Total serum bilirubin
- Total serum calcium
- Triglycerides
- Troponin I
- Troponin T
- Urea in 24h urine collection
- Uric acid in 24h urine collection
- Uric acid in urine
- Urine amylase
- Urine calcium
- Urine creatinine
- Urine inorganic phosphate
- Urine magnesium
- Urine mercury
- Urine potassium
- Urine urea
- Valproic acid
- Vanillylmandelic acid (VMA) in 24h urine collection
- Waaler-Rose reaction
- Zinc protoporphyrin

Serology:

- Blood type + Rh
- Direct Antiglobulin Test (DAT)
- Identification of immune antibodies / confirmation at RCKiK
- Immune alloantibodies
- Mononucleosis (latex test)
- Serologic test for syphilis –confirmation – FTA
- Serologic test for syphilis RPR / (VDRL)

Diagnostics of thyroid disorders:

- Total triiodothyronine (T3)
- Total thyroxine (T4)
- 3rd generation thyrotropin (TSH)
- Free triiodothyronine (FT3)
- Free thyroxine (FT4)
- Anti-thyroglobulin antibodies (ATG)
- Thyroglobulin
- Anti-thyroid peroxidase antibodies (ATPO)
- Anti-TSH receptor antibodies – TRAB

Sex and metabolic hormones:

- 17-OH progesterone
- Afternoon cortisol
- Aldosterone (serum)
- Androstendione
- B-HCG Chorionic gonadotropin
- Cortisol following dexamethasone
- Cortisol in 24h urine collection
- Dehydroepiandrosterone (DHEA)
- Dehydroepiandrosterone sulphate (DHEA-S)
- Follicle stimulating hormone (FSH)
- Free aldosterone in 24h urine collection
- Free oestriol
- Growth hormone (hGH)
- Luteinizing hormone (LH)
- Morning cortisol
- Oestradiol (E2)
- Progesterone
- Prolactin (PRL)
- Prolactin (PRL) (following metoclopramide after 1h)



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- Prolactin (PRL) (following metoclopramide after 2h)
- Sex hormone-binding globulin (SHBG)

Diagnostics of diabetes:

- 17-hydroxysteroids in 24h urine collection
- 17-ketosteroids in 24h urine collection
- Anti-GAD antibodies (anti-glutamate dehydrogenase antibodies)
- C-peptide

Cancer markers:

- Alpha-fetoprotein (AFP)
- CA 125, CA 15-3, CA 19-9,
- Carcinoembryonic antigen (CEA)
- Free PSA

Diagnostics of anaemia:

- B12 vitamin,
- Ferritin

Cytology examinations:

- Cytological examination of a cervical smear
- Cytology examination of body fluids

Diagnostics of osteoporosis:

- C-telopeptide of type I collagen – ICTP

Diagnostics of infections:

- Anti-Borrelia IgG antibodies
- Anti-Borrelia IgM antibodies
- Anti-Toxocara canis antibodies
- Brucella agglutination test by Wright
- Brucella Complement Fixation Test (CFT)
- Chlamydia pneumoniae IgG antibodies
- Chlamydia pneumoniae IgM (Immunofluorescen.)

- Testosterone
- Total serum chorionic gonadotropin
- Transferrin

- Glycated haemoglobin (HbA1c)
- Insulin
- Insulin (after 1h following 75g of glucose)
- Insulin (after 2h following 75g of glucose)
- Total Vitamin 25(OH)D

- Tissue polypeptide-specific antigen (TPS)
- Total PSA

- Folic acid

- Exfoliative cytology of the nasal mucosa
- Urinary cytology

- Osteocalcin
- Urine D-Pyrilinks

- Chlamydia trachomatis IgG antibodies
- Chlamydia trachomatis IgM antibodies
- CMV IgG avidity
- Cytomegaly – IgG (CMV IgG)
- Cytomegaly – IgM (CMV IgM)
- EBV VCA IgG (mononucleosis IgG)
- EBV VCA IgM (mononucleosis IgM)
- HAV – anti-HAV IgM antibodies
- HAV – total anti-HAV antibodies



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- HBV – anti-HBc IgM antibodies
- HBV – anti-HBe antibodies
- HBV – anti-HBs antibodies
- HBV – HBe antigen
- HBV – HBs antigen
- HBV – total anti-HBc antibodies
- HCV – anti-HCV antibodies
- Helicobacter pylori IgG
- HIV – anti-HIV1/HIV2 antibodies (HIV Ag/Ab Combo)
- Listeriosis
- Mumps IgG antibodies
- Mumps IgM antibodies

Other hormones:

- ACTH – adrenocorticotrophic hormone
- Calcitonin
- Gastrin
- Homocystein

Bacteriology:

- Acne lesion, aerobes and anaerobes
- Anal smear – aerobic culture test + fungi
- Anus – culture test for (yeast-like) fungi
- Anus – culture test for neisseria gonorrhoeae
- Blood – aerobic culture test Body fluids – aerobic + anaerobic culture test
- Body fluids – culture test for (yeast-like) fungi
- Cervix – culture test for (yeast-like) fungi
- Cervix – culture test for Mycoplasma, Ureaplasma
- Cervix – culture test for neisseria gonorrhoeae
- Chlamydia pneumoniae antigen – throat swab

- Mycoplasma pneumoniae IgG antibodies
- Mycoplasma pneumoniae IgM antibodies
- Pertussis IgA Bordetella pertussis
- Pertussis IgG Bordetella pertussis
- Pertussis IgM Bordetella pertussis
- Rubella IgG antibodies
- Rubella IgM antibodies
- Toxo IgA antibodies
- Toxo IgG antibodies
- Toxo IgG antibodies, avidity
- Toxo IgM antibodies

- Leptin
- Metoxycatecholamines in 24h urine collection
- Parathyroid hormone

- Chlamydia trachomatis antigen – from cervical smear
- Chlamydia trachomatis antigen – from left eye smear
- Chlamydia trachomatis antigen – from pharyngeal smear
- Chlamydia trachomatis antigen – from right eye smear
- Chlamydia trachomatis antigen – from urethral smear
- Palmar epidermis (mycological examination)
- Plantar epidermis (mycological examination)
- Material from nail folds for yeast-like fungi (mycological examination)
- Fingernails (mycological examination)
- Toenails (mycological examination)
- Glabrous skin (mycological examination)
- Hairy skin of the head (mycological examination)



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- Hair (mycological examination)
- Other scraping material (mycological examination)
- Ear scrapings (mycological examination)
- Culture from the urogenital tract (cervix) aerobes + fungi
- Culture from the urogenital tract (cervix) anaerobes
- Culture from the urogenital tract (from below the prepuce) aerobes + fungi
- Culture from the urogenital tract (from below the prepuce) anaerobes
- Culture from the urogenital tract (urethra) aerobes + fungi
- Culture from the urogenital tract (urethra) anaerobes
- Culture from the urogenital tract (vagina) aerobes + fungi
- Culture from the urogenital tract (vagina) anaerobes
- Ear – anaerobic culture test
- Ear – culture test for (yeast-like) fungi
- Eye – culture test for (yeast-like) fungi
- Eye – smear culture, aerobes
- Eye – smear culture, anaerobes
- Faeces – carrier state test (first analysis)
- Faeces – carrier state test (second analysis)
- Faeces – carrier state test (third analysis)
- Faeces – culture test for (yeast-like) fungi
- Faeces – Rota – Adenoviruses
- Left ear (external auditory canal) – aerobic smear culture + fungi
- Left middle ear – aerobic + anaerobic smear culture + fungi
- Lower respiratory tract (sputum) – aerobes
- Nose – anaerobic culture
- Nose – culture for *S. aureus*
- Oral cavity – culture test for (yeast-like) fungi
- Oral cavity – smear culture – aerobes + fungi
- Pus – aerobic and anaerobic culture
- Right ear (external auditory canal) – aerobic smear culture + fungi
- Right middle ear – aerobic + anaerobic smear culture + fungi
- Salmonella Shigella – faecal culture test
- Skin – aerobic smear culture test
- Skin – anaerobic smear culture test
- Skin lesions – aerobic culture test
- Skin lesions – anaerobic culture test
- Sperm – aerobic culture test
- Sputum – culture test for (yeast-like) fungi
- TBC sputum (preparation + culture)
- Streptococcus agalactiae – culture test from the anus
- Streptococcus agalactiae – culture test from the vagina
- Streptococcus agalactiae – culture test from the vagina and the anus
- Synovial fluid – aerobic + anaerobic culture test
- Synovial fluid – culture test for (yeast-like) fungi
- Test for Trichomonas vaginalis (urethra)
- Test for Trichomonas vaginalis (vagina)
- Throat – culture test for (yeast-like) fungi
- Throat – extended culture test of the upper respiratory tract
- Throat – smear test for *S. pyogenes* and Strep. gr. C and G
- Tissues / secretions / biopsy specimens – aerobic and anaerobic culture
- Tonsils – extended culture test of the upper respiratory tract



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- Tonsils – smear test for *S. pyogenes* and Strep. gr. C and G
- Urethra – culture test for (yeast-like) fungi
- Urethra – culture test for *Mycoplasma*, *Ureaplasma*
- Urethra – culture test for *Neisseria gonorrhoeae*
- Urine – culture test General faeces – aerobic culture test + fungi
- Vagina – culture test for (yeast-like) fungi
- Vaginal biocenosis – purity, specimen
- Wound – aerobic and anaerobic smear culture
- *Yersinia* – faecal culture test

Allergens:

- Total serum immunoglobulin IgE

Immunology + autoimmunology:

- Anti-cardiolipin IgG antibodies
- Anti-cardiolipin IgM antibodies
- Anti-cyclic citrullinated peptide antibodies (aCCP)
- Anti-endomysium IgA antibodies
- Anti-endomysium IgG antibodies
- Anti-gliadin IgA antibodies
- Anti-gliadin IgG antibodies
- Anti-keratin antibodies (AKA)
- Antimitochondrial antibodies (AMA)
- Antinuclear antibodies (ANA2) ANA2 complex test (antinuclear antibodies ANA + ANABLOT titer)
- Antiphosphatidylserine IgG antibodies
- Antiphosphatidylserine IgM antibodies
- Anti-smooth muscle antibodies (ASMA)
- Antisperm antibodies
- Anti-tissue transglutaminase antibodies IgA
- Anti-tissue transglutaminase antibodies IgG
- Anti-*Yersinia* IgA antibodies
- Anti-*Yersinia* IgG antibodies
- Anti-*Yersinia* IgM antibodies
- Complement C1 esterase inhibitor
- Complement component C3
- Complement component C4
- ENA test – 6 profile
- Insulin-like growth factor 1 (IGF-1; Somatomedin C)
- LKM test (autoimmune hepatitis – AIH)
- Microalbuminuria in 24h urine collection
- PANCA antibodies (MPO)
- Rheumatoid factor RF IgM
- Serum immunoglobulin IgA
- Serum immunoglobulin IgG
- Serum immunoglobulin IgM

Comprehensive imaging diagnostic tests

Imaging diagnostic tests are one of the most important fields of contemporary medicine – thanks to specialist diagnostic equipment it is possible to detect early and to treat many diseases.

A patient covered by medical care according to an appropriate package is allowed to have an examination performed with a medical referral.



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Referrals from external specialists are also accepted at our centres as it is more convenient to our patients.

The following diagnostic tests are available as part of the Senior package:

- Actim CRP test
- Cardiac stress test
- **Colonoscopy** – endoscopic examination of the lower gastrointestinal tract
- **Computer**-assisted contactless intraocular pressure measurement
- Daily curve of intraocular pressure
- Dermatoscopy
- Echocardiography
- EEG
- ENG
- Field of vision
- Fine-needle biopsy of a superficial lesion
- Fundoscopy
- **Gastroscopy** – endoscopic examination of the upper gastrointestinal tract
- Gonioscopy
- **Histopathology** – assessment of pathological lesions in tissues
- Holter – blood pressure monitoring
- Holter ECG
- Mammography
- **Rectoscopy** – endoscopic examination of the final section of the gastrointestinal tract
- Resting ECG with description
- **Sigmoidoscopy** – endoscopic examination of the colon
- Skin allergy tests
- Spirometry
- Spirometry with reversibility testing
- Tonometry
- Tympanogram
- **Urography** – imaging test to examine the kidneys

Standard ultrasound:

- Extended foetal ultrasound (from the 11th week – 2D option)
– multiple pregnancy
- Extended foetal ultrasound (from the 11th week – 2D option)
– unifoetal pregnancy
- TA/TV foetal ultrasound up to and inclusive of the 10th week of pregnancy (unifoetal pregnancy, multiple pregnancy – 2D option)
- Transabdominal ultrasound of the prostate
- Transfontanelle ultrasound of the brain
- Transrectal ultrasound
- Transvaginal ultrasound of the reproductive organs
- Ultrasound of a group of lymph nodes
- Ultrasound of other joints
- Ultrasound of the abdominal cavity
- Ultrasound of the abdominal cavity and urinary tract
- Ultrasound of the Achilles tendon
- Ultrasound of the breasts
- Ultrasound of the chest/pleural cavities
- Ultrasound of the elbow
- Ultrasound of the hands and wrists
- Ultrasound of the hip
- Ultrasound of the hips
- Ultrasound of the knee
- Ultrasound of the muscles and soft tissues of a specific area
- Ultrasound of the pelvis minor
- Ultrasound of the reproductive organs



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- Ultrasound of the salivary glands
- Ultrasound of the shoulder
- Ultrasound of the soft tissues of a specific area
- Ultrasound of the tarsal joint
- Ultrasound of the testicles
- Ultrasound of the thyroid
- Ultrasound of the urinary tract
- Ultrasound: supervised puncture

Doppler ultrasound:

- Doppler ultrasound of the abdominal cavity – aorta and its branches
- Doppler ultrasound of the arteries and veins of the lower/upper extremity
- Doppler ultrasound of the arteries in the upper/lower extremity
- Doppler ultrasound of the carotid arteries and veins
- Doppler ultrasound of the hepatic blood vessels
- Doppler ultrasound of the renal arteries
- Doppler ultrasound of the subclavicular arteries and veins

Bone X-ray:

- Plain X-ray of the abdominal cavity (1 view)
- Skull X-ray (1 view)
- Skull X-ray, AP + lateral
- Target X-ray of an individual vertebra
- Target X-ray of the orbital cavity
- Target X-ray of the sella turcica
- Tunnel X-ray of the knee joints
- Tunnel X-ray of the knee joints (comparative)
- X-ray of a hand finger, AP + lateral
- X-ray of a toe, AP + lateral
- X-ray of the abdominal cavity targeted at the diaphragm (1 view)
- X-ray of the C1–C2 vertebrae (targeted at the odontoid process)
- X-ray of the calcaneal bone (1 view)
- X-ray of the calcaneal bones, axial + lateral
- X-ray of the calcaneal bones, axial + lateral (comparative)
- X-ray of the cervical spine – functional (2 views)
- X-ray of the cervical spine – lateral (1 view)
- X-ray of the cervical spine – oblique (2 views)
- X-ray of the cervical spine, AP + lateral
- X-ray of the chest – lateral
- X-ray of the chest targeted at lung apices
- X-ray of the chest, AP/PA
- X-ray of the chest, AP/PA + lateral
- X-ray of the chest, AP/PA + lateral with contrast agent
- X-ray of the chest with an assessment of the trachea
- X-ray of the clavicle, AP
- X-ray of the clavicles, comparative
- X-ray of the coccyx, AP + lateral
- X-ray of the coccyx, lateral/AP (1 view)
- X-ray of the ears according to Schiller (comparative)
- X-ray of the elbow, AP + lateral
- X-ray of the elbows, AP + lateral, comparative
- X-ray of the facial skeleton
- X-ray of the feet, AP + lateral (comparative)
- X-ray of the feet, AP/lateral (comparative)



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- X-ray of the femur, AP + lateral
- X-ray of the foot – oblique/lateral (1 view)
- X-ray of the foot, AP + lateral
- X-ray of the forearm, AP + lateral
- X-ray of the hand – lateral/AP/oblique (1 view)
- X-ray of the hand, AP + oblique
- X-ray of the hands, AP (comparative)
- X-ray of the hands, AP + oblique (comparative)
- X-ray of the humerus, AP + lateral
- X-ray of the iliac joint, AP
- X-ray of the iliac joint, AP + axial
- X-ray of the iliac joint, axial
- X-ray of the iliac joints, AP (comparative)
- X-ray of the iliac joints, AP + axial (comparative)
- X-ray of the knee joint, AP + lateral
- X-ray of the knee joints, AP + lateral (comparative)
- X-ray of the knee joints, AP + lateral (in a standing position)
- X-ray of the knee joints, AP/lateral (1 view)
- X-ray of the larynx
- X-ray of the lower leg, AP + lateral
- X-ray of the lumbar spine targeted at L5–S1
- X-ray of the lumbar spine, AP + lateral
- X-ray of the lumbar spine, functional (2 views)
- X-ray of the lumbar spine, oblique (2 views)
- X-ray of the mandible (1 view)
- X-ray of the mandible, PA + oblique
- X-ray of the nasal bones
- X-ray of the nasopharynx
- X-ray of the occiput according to Town (according to Orley)
- X-ray of the optic nerve
- X-ray of the orbital cavities – 2 views
- X-ray of the orbital cavities, comparative (1 view)
- X-ray of the paranasal sinuses
- X-ray of the patella 3 angles (3 views)
- X-ray of the patella 3 comparative angles (3 views)
- X-ray of the patella according to Merchant
- X-ray of the patella L + R axial (comparative)
- X-ray of the patella, AP/PA
- X-ray of the patella, AP/PA + lateral
- X-ray of the patella, axial
- X-ray of the patella, lateral
- X-ray of the pelvic bones
- X-ray of the ribs – oblique
- X-ray of the ribs, AP/PA (1 view)
- X-ray of the ribs, L + P (2 views)
- X-ray of the sacral bone, AP + lateral
- X-ray of the sacroiliac joints, oblique (2 views)
- X-ray of the sacroiliac joints, PA
- X-ray of the scapula, AP
- X-ray of the scapula, AP + axial
- X-ray of the scapula, axial
- X-ray of the shoulder, AP
- X-ray of the shoulder, AP + axial
- X-ray of the shoulder, axial
- X-ray of the shoulder, transthoracic
- X-ray of the shoulders (comparative)
- X-ray of the shoulders, AP + axial (comparative)
- X-ray of the sternoclavicular joints (1 view)
- X-ray of the sternum – lateral
- X-ray of the sternum, lateral + oblique
- X-ray of the tarsal joint (targeted at the syndesmosis)
- X-ray of the tarsal joint, AP + lateral
- X-ray of the tarsal joint, AP + lateral, comparative
- X-ray of the temporomandibular joints



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- X-ray of functional temporomandibular joints
- X-ray of the thoracic and lumbar spine in a standing position, AP (scoliosis)
- X-ray of the thoracic and lumbar spine in a standing position, AP + lateral (scoliosis)
- X-ray of the thoracic spine, AP + lateral
- X-ray of the whole lower extremities
- X-ray of the whole spine in a standing position (scoliosis) AP
- X-ray of the whole spine in a standing position (scoliosis) AP + lateral
- X-ray of the wrist – oblique (2 views)
- X-ray of the wrist, 4 views
- X-ray of the wrist, AP + lateral
- X-ray of the wrists, AP (comparative)
- X-ray of the wrists, AP + lateral (comparative)

Magnetic resonance imaging, standard:

- MR angiography of another anatomic area
- MR angiography of the head
- MR cholangiography (MRCP)
- MRI of a joint (knee, shoulder, hip)
- MRI of a small joint (tarsal, elbow, temporomandibular, wrist, hand, foot)
- MRI of small bones (hand, foot)
- MRI of the abdominal cavity
- MRI of the bones (forearm, upper arm, thigh, lower leg)
- MRI of the cranial base, with perfusion (PWI)
- MRI of the facial skeleton
- MRI of the head
- MRI of the head, with diffusion (DWI)
- MRI of the mediastinum
- MRI of the neck
- MRI of the orbital cavities
- MRI of the pelvis minor
- MRI of the pituitary
- MRI of the prostate
- MRI of the sinuses
- MRI of the soft tissues of a specific area
- MRI of the spine

Scintigraphy:

- dynamic scintigraphy of the kidneys
- gallium 67 scintigraphy
- iodine scintigraphy of the whole body
- miction scintigraphy of the kidneys
- perfusion scintigraphy of the heart at rest and after physical effort
- scintigraphy of somatostatin receptors
- scintigraphy of the brain
- scintigraphy of the gastrointestinal tract
- scintigraphy of the lymphatic system
- scintigraphy of the parathyroid glands
- scintigraphy of the salivary glands
- scintigraphy of the thyroid
- scintigraphy of the whole body (MIBI)
- static bone scintigraphy
- static scintigraphy of the kidneys
- static scintigraphy of the liver
- three-phase bone scintigraph

Computed tomography (CT) standard:

- CT 3D reconstruction
- CT of a bone (arm, forearm, hand, femur, lower leg, foot)
- CT of a joint (shoulder, elbow, knee, tarsal, hip, wrist)



SENIOR PACKAGE

- CT of the abdominal cavity (liver, kidneys, spleen, pancreas, adrenal glands, urinary system, prostate)
- CT of the chest
- CT of the facial skeleton
- CT of the head
- CT of the larynx, nasopharynx
- CT of the neck
- CT of the orbital cavities
- CT of the pelvis minor
- CT of the sinuses
- CT of the spine
- CT of the temporal bone (ears)

A medical subscription also includes anaesthetic agents, contrast media and examination recording on digital media – depending on medical equipment used.

Protective vaccinations

As part of prevention against infectious diseases we administer vaccines against:

- influenza
- tetanus and diphtheria

The costs of vaccines and their administration are included in the package price.

Dental prevention

Enel-med medical centre has more than 50 dental offices, employs more than 100 dental surgeons and more than 100 persons from the non-physician medical personnel (dental hygienists and assistants). Enel-Med is a leader in dentistry in Poland. Our employees and experience make us stand out and it can be supported by figures – more than 8000 implanted implants, 20,000 of placed crowns, more than 60,000 fillings annually and more than 125,000 procedures in the field of dental prevention.

Additionally, enel-med cooperates with a network of the best dental clinics and offices in Poland in order to provide its patients with the highest possible availability and quality of services.

Our dental clinics are equipped with ultrasound devices to remove dental deposits and tartar, and to provide services of tooth sandblasting, lacquering and fluoride varnishing. Additionally, at any time our personnel will provide you with advice on how to select appropriate hygienic products for the oral cavity and how to use them.

As part of the Senior package a patient is offered a dental check-up every 6 months and a package of discounts presented below.

Discounts for other services provided at enel-med centres

- 15% discount on other laboratory tests
- 15% discount on the “24h for your health” programme



SENIOR PACKAGE

- **15%** discount on dental prevention and urgent dental help
- **15%** discount on conservative dentistry, dental fillings
- **10%** on other specialist consultations, services in rehabilitation, operations, diagnostic tests and others not included in packages.

The discounts do not cover the costs of genetic examinations, implants, medicines and materials used for surgeries and procedures.

The discounts are applied for the services as per the scope offered in enel-med centres applicable on the contract date.

